



INSTAGRAM: @MILESTONESCHIROPRACTIC | (469) 251-2864

**Milestones**
Chiropractic

Welcome to Milestones Chiropractic!

Welcome to the Milestones Chiropractic family! We are so glad you have chosen us for your chiropractic care.

We are passionate about helping those of all ages reach their peak health potential. The journey to achieve health and wellness is a lifelong one and we want to be there to help you along the way!

Between Dr. Victoria and Dr. Omery, they have a combined 500 hours of additional training in the Gonstead System. They both trained for one year under Dr. Herb Wood, one of Dr. Gonstead's original students who learned from him for almost seven years. During that time, Dr. Victoria and Dr. Omery spent many days working toward perfecting their adjusting skills, reading and analyzing x-rays, and participating in discussions related to case management with Gonstead doctors and students alike.

They also served as president and vice president of the Gonstead club at Parker University before entering student clinic.

Along with their experience with the Gonstead System, Dr. Victoria and Dr. Omery each have their own educational backgrounds prior to attending Parker University.

Dr. Victoria graduated from Oklahoma State University in 2018 with her Bachelor of Science in Nutritional Sciences. She then attended Parker University in Dallas, TX where she earned her Doctorate of Chiropractic and Master of Functional Nutrition degrees. It was during her time at Parker that she discovered her passion for working with the prenatal and pediatric populations.

Dr. Omery graduated from Tarleton State University in 2018 with his Bachelor of Science in Kinesiology. During this time he also became a Certified Personal Trainer and Sports Nutritionist. After graduation, he attended Parker University where he earned his Doctorate of Chiropractic and Master of Functional Nutrition degrees.

Both Dr. Victoria and Dr. Omery are so thrilled to serve the Flower Mound community and share their passion for the Gonstead System of chiropractic.



Each month we will be creating a newsletter to share evidence-based information on a particular topic. Aside from chiropractic, we also plan to share information about nutrition, exercise, prenatal/pediatric care, and more! If you have a topic you would like us to cover, please let us know!

Any questions? Just ask!

VISIT OUR WEBSITE FOR MORE INFORMATION!

www.milestoneschiropractic.com